

# Testimonials Masters May 2018

Of course !! If I could I would sing your praises from the roof tops ! If my voice could reach that far !

To you both m, Burke, you and Isobel ! This has been the most truly PROFOUND experience for me. To be given a gift of self-healing has no earthly value that can be attached to it !

I have spent most of life with fear and anxiety, Of which 10 years have been spent healing myself and searching. I feel so fortunate for this program ! I have TOOLS and that's what I believe we are looking for... a little map to help guide us to get out there. From The bottom of my heart, thank you.

To realize that your thoughts and beliefs can be taken to such a new level is mind blowing!! I just love it all !! So much work to do on myself. To truly get ride of expectations and judgement is so empowering! I'm excited ! (A little overwhelmed and hoping I can make sense of it all )

Thank you so much for sharing this gift with me and with everyone else ! How amazing and I want to say blessed but I know I shouldn't ahah ! To have spent all the time and energy designing and working through all of these techniques and having being granted wisdom to share this all with us !! Is just amazing.

There are a few things I know .. that I will reach 700 I just need to get ride of my fear of it (and work out what to do with it .. hoping it's not nothingness ) . I need to clear a lot of charges because I know that when I open my business there will be more work than there is time ! Which is truley exciting! And I can feel that it's a knowing ...Rebecca yesterday suggested I work with teenagers which totally shocked me and I can see I have charges around that to , as what could I possibly know about teenagers if I don't even have kids of my own ! But something to consider.

I feel so grateful for the all the knowledge you have given me ! I have already got 3 of my friends on msm ahaha and everyone is buying zappers! The msm has made such a difference already in one of my friends life's and they are only 33 . And his parents are now on it , (all with vit c) so it just shows the reach of all you have Imparted with us.

How amazing it must be to have such an impact in the world and raising its consciousness ! I can only aspire to that and I know it's possible!

I wish to impart unconditional love to you both! Thank you doesn't even explain the gratitude ! THANKS YOU !

**Love Aimee Cowley**

Hi Burk and Isobel,

Thank you for your email,

Thank you for this incredible journey that I have been on with you and Isobel since enrolling for your Transformational coaching system in December last year.

I noticed subtle ways in my thinking after having completed your first course.

My life was full of triggers, everything triggered me no matter what people said to me it triggered me, I was no longer able to see the love and assistance people were offering me I took offense to everything.

Your Masters coaching course has exceeded my wildest expectations. The love and caring and compassion that you and Isabel show each and everyone of us so amazing. You have created an incredible space for healing, spending 5 days with the amazing people you have attracted into your life was uplifting on so many different levels.

So incredible to be with people who talk and think positively for 5 days in a row.

My mind has always been so full of negative thoughts it felt such a relief to my whole being to be in this ocean of positive thinking.

Along myself development journey I have had many teachers and mentors who have explained that I am the creator of my own reality, for the first time having done your course, I can actually feel what they meant.

Looking at my part now in the breakdown of my marriage I am beginning to feel how I created everything in my marriage to be just as it turned out to be. About a month ago I stopped communicating with my husband and so I received many messages that were not pleasant, as the course progressed these messages stopped and I started to receive different messages.

My husband also decided that he didn't want to see the children until a parenting plan was in place and interesting enough he started phoning them 2 days into the workshop, today he phone me and we had a really wonderful positive conversation.

For years I have complained about everyone's part in the difficulties I experience in my life and since completing the course I can honestly say that my reality is transforming in front of my very eyes.

I know this is only beginning of working on myself and healing all my triggers as they come up and they do come up fast and furious, the difference now is that I am grateful for all my triggers and the people that trigger me and thankful that they are in my life to assist me on my healing journey. Thank you Burk you are incredible being, your light shines brightly and I am so grateful to be part of your incredible vision. Thank you Isobel for being this amazing mother to us all standing next to Burk supporting us all on our journey.

Love from  
**Karen Blair**

Hi Burk

Thank you so much for an awesome experience! I have so much liberty and am so encouraged about my life purpose, the "Let Go Healing gift" is more than I needed to get to the next level. I use to suppress my feelings over the years and during the phenomenal sessions I realised how much damage I was doing to myself however with the "Let Go Healing gift" I am no longer doing that and it is AMAZING & LIBERATING for me!

Yesterday I started doing a towards & away on a past relationship and what an experience I had! I was crying uncontrollably and my whole body was jerking violently. I never knew that I had so much hurt & pain suppressed inside of me, I felt so much lighter and have not finished the task yet because it took quite long & I had another engagement to attend to. **I AM EXCITED & JOYFUL**

**ABOUT THIS EXPERIENCE**, I actually laughed and am still laughing at all of this...WOW! I am in AWE, you have no idea 😊

Thank you so much Burke for imparting “Let Go Healing gift” in me, I am forever grateful! I know it’s only been the 3<sup>rd</sup> day however I think I am going to be addicted to the processes I have learned from you, I don’t feel good if I have not done either a Towards & Away or Clear Up process.

In other news 😊

I have come up with a name for my coaching business **“Return 2 Self”** (Because that is how I see my journey and what I am experiencing...I am finally living and doing “ME”. **By “Knowing who I am” I can BE my highest self” and I will be Doing great Exploits”**) and created a logo (see attached, I used the link you gave us), I was presented with an opportunity at the Boxing gym I have been attending since February which I am taking. They requested that I be the Transformation Life Coach for their members, so we starting to put together a Transformation package 😊 They have also asked me to talk to there members struggling with poor self-image and no self-love, one lady asked me to coach her a.s.a.p. (So I am working around the clock to get my website up & running, I will be contacting Steven soon!)... Inner Transformation during weight loss will be one of my niche markets 😊 Thank you so much for spending so much time on marketing of our businesses, I am even going to be using some of the learnings you shared in my current business [www.bbopex.co.za](http://www.bbopex.co.za) THE POSSIBILITIES IS INSANE!!!!!!!!!!!!!!!!!!!!!!

I am so EXCITED and on another level Burk all because I met you on the path of my higher self.

I know long email....but I still have so much to say lol! Wish you could see the smile I rote this email with and the excitement in my spirit!!!!!!!!!!!!!!

Regards

**Glenda Maitin**  
0823380779

Thank you, Burk, for taking me to this next level on my journey of self-development. After my initial course in February I felt exhilarated and that feeling has now doubled or more. Your enthusiasm and skill to convey your vision about growing into higher consciousness definitely appeals to me. Being a lifelong learner and spiritual seeker with many deep layers myself, I truly am an eager student. During the 5 days numerous ideas and epiphanies showed up for me, and my passion for inspiring others & lifting them to their true purpose has only become bigger by doing this master course. The vision behind constantly healing whatever negative emotion pops up is a true eyeopener for me and obviously having the ability to heal others is absolutely special. Again, I am exhilarated to continue my journey what my own life is concerned, as what assisting others in reaching their true purpose is. Finally I feel I have reached a stage in which I have an abundance of tools to be able to do this. Knowing that it’s me who creates my own reality and who attracts whatever and whomever get attracted into my life, I also feel that gratitude is such a strong means of spreading high level, positive energy around me. Thank you, also to Isobel, for coming into my life and helping me reach further than I ever imagined possible. Thank you, thank you, thank you!

Keep well & send my regards to Isobel, Burk!

**Kris Indencleef**

To Burk & Isobel

This was an extra ordinary experience for me. I never realized how much garbage is still in me and through the Masters training I experienced a lot of negative feelings I still have to deal with. Now that you have taught me how to use the gift I am so excited to know that I am the problem and I can fix ME. That is the greatest gift. I am not worried about fixing others anymore. I can fix myself now. How exciting is that... I have so much to heal from, and my journey starts today. I can only feel gratitude for this opportunity that you have given me. My healing starts from today, and I am embracing my journey towards growing to my levels of consciousness. So excited about my new life.

Thank you, thank you, thank you

Sparkling Greetings

**Cornelia Van As**

Dearest Burk and Isobel

I would like to say thank you with so much gratitude for what we received not only in the Masters Training but also in the initial Transformation Coaching. Also I want to thank you both for your journey and your diligence and faith in your purpose which kept you going and eventually brought you to the material, experience, knowledge and skill we are now benefiting from.

From the 1st Transformation Coaching I can summarize the following as some of my learnings.

HUGE increase in insight, understanding, knowledge and working of the conscious and subconscious mind and how it impacts lives daily, second by second.

Pacing communication skills, communicating with understanding of peoples different maps and the importance if coaching FROM that position.

MAJOR POWERFUL coaching techniques which truly gives me the tools to genuinely impact transformational behaviour when helping people.

Goal setting systems PLUS eliciting value systems without which goal setting will just be words on paper.

The MASTER Training was a huge surprize to me as I did not realize beforehand how personal it is and that we would be working so much on ourselves. This had tremendous VALUE as we have learnt and was given a "gift" with which we can elicit our own limiting beliefs, heal it and do the same for our clients.

Somewhere between the 1st and the last day of the training I arrived at a place where my soul has become still, the ever answer seeking part of me is content and I am able to see, hear and feel clearer. I kid you not, I literally, physically see and hear and feel more. My pherifal (excuse spelling) view is literally wider, sound clearer and I have an increase in awareness.

Having experienced the results personally, I can now translate my enthusiasm to clients so through my own testimony they will have belief in what is achievable for them also.

Further to this Burke has made huge effort to teach us how to build our business and gave us great marketing tips.

This testimony is just a fraction of the benefits and learning I got from both courses. I encourage anyone thinking of enrolling - to change it from thought to reality. You will BE transformed and GET equipped to help your clients do the same.

Once again thank you. May God bless you and shine His face upon you.

*Psalm 115:14*

*May the Lord give you increase more and more, you and your children.*

*Jeremiah 29:11*

*For I know the plans I have for you, declares the Lord. Not plans to harm you, but plans to prosper you and give you hope and a future.*

Amen & Shalom

**Cindy Balanco**  
**082 560 7402**

Hi Burk,

The meaning of transformation has definitely new meaning to me. I get so excited if I think of all the possibilities of growth for myself waiting to be explored! I realised I have a lot of work to do on myself still, but I am absolutely committed to this journey, as there is a higher purpose to this process.

I am grateful to you for receiving the gift and the trust you have put in me as person to continue with the work you have started.

I have longed and dreamt of becoming who I have meant to be since I was a teenager. I worked hard on myself throughout my life. I searched for my purpose, questioning things, learnt through experiences but still there was a feeling of 'lacking'.

I am now, after the Masters training, not searching any longer. I have learnt so much about myself over the past few months. I am conscious about my feelings in the moment. I am totally in awe and appreciate this amazing journey God is guiding me on. I know I have so much to offer to other people and I am embracing this whole experience with my whole being.

Thank you for the role you play in my life.

Warm regards

**Elmarie van der Westhuizen**

Hi Burk & Isobel,

Gratitude and love is what I feel right now! I can only begin to explain the tremendous freedom and eagerness I am experiencing since completing the Masters.

I saw a picture of myself outside the training venue when I did the Transformation Coaching with you 6 years ago. Looking at that picture I realized how much I have changed and grown

since then. I can hardly recognize that person now. The amount of rejection I had towards the younger version of myself was so much.

The healing that has taken place in my life this last week is incredible! The resistance that flooded my mind at first, is now less and I am ready. I committed to your Masters training knowing that it will be life changing just as much and even more than the first training I did with you 6 years ago! And it is, the ability to genuinely heal yourself and change your reality is priceless!!!

My advice to anyone interested in attending the Masters, follow Isobel's instructions and recommendations to attend. The guesthouse suggestions etc. are awesome if you live far.

Burk & Isobel, THANK YOU SO MUCH for your commitment and believing in me as a person. I am grateful beyond words that you walk this road with me and inspire me and many other people to realize the best version of who they are!

Here's to the moment!

Lots of love,

**Pierre Holtzhausen**

Burk,

Thank you for all the love and genuine care and attention that go into the Masters training sessions. To say that the Masters Training was a life changing experience feels like it would be such an understatement... my heart is truly filled with gratitude, thank you for sharing your gift, thank you for helping us reach our true potential but most of all thank you for making us a part of the BIG movement, changing humanity, for this I am in a loss of words – THANK YOU!

Warmest Regards,  
**Bianca Badenhorst**

Hi Burk,

Thank you for the passion, enthusiasm and compassion with which you conducted the training. I am inspired by the way you and Isobel react towards all the attendees with love and patience. The course was a true eye-opener. Even more than the first training. Thank you for empowering me and the rest of the attendants. It is a motivating to know now that I (and everyone else) can just BE and live in such a way that the whole community around me gets influenced by it POSITIVELY.

I already experienced massive results in these few days after the training!! I am amazed. : )

**Caroli Schoeman**

Dear Isobel & Burk

What great Mentors you have been. Coming back for my Master class I felt that I was coming back home to this warm and welcoming family. Seeing my family from the first Transformation Coaching Training was a wonderful bonus.

Burk, without exception you have yet again blew our minds once again. With your charm and your refreshing honesty, the Master Class was excellent. The learning and the gifts you have bestowed upon us, I will carry for a life time. Your commitment and openness for transferring your knowledge and experiences is really appreciated. I believe that this course chose me.

Isobel thank you for your warmness and kindness and all you do to make us comfortable.

To two amazing people THANK YOU.

**Sandra Pillay**

Dear Burk and Isobel,

I want to thank you from the bottom of my heart for your commitment to growing yourselves and sharing what you are learning with other people. When I considered attending the masters, I was hoping to get tools that would help me to break through my limitations and enable me to fulfill my destiny. I must say that I got a lot more value than I expected to get. Where my growth would have taken years, I now have a shortcut that will help me to cut that by many years. I feel closer to God and more open to fulfilling my destiny. Thank you, thank you, thank you!!!!

**Joe Makuyana**

Once again Burk over-delivered in his execution. I always walking from Burk's training feeling as though I have received more than I expected. I really appreciated the opportunity to work on myself. The new processes we learnt are unbelievably effective and it is the interesting to me that whilst I had done quite a bit of work previously, there was more to be unearthed and I can already see the impact the 'Letting Go Healing Gift' is having on my day to day activities. I am looking forward to seeing more and more unfold. Thank you Burk and Isobel for your unwavering commitment to empowering people.

Kind regards,

**Farai Makuyana**

Hi Burk

Thank you for the super experience in the Master Coaching Session. I do not have words to express my gratitude enough. This was a life-time experience that will benefit me, those around me, and the universe through all of my lifetime and beyond. Thank you so, so much for your openness and generosity with the Healing Gift. I feel so healthy and still getting used to the idea of feeling so good! The restoration of the hearing loss is something I am so thankful for, it brings tears of joy in my eyes.

Keep up the good work and let's together continue to change the world!  
I am giving all of myself into this journey. I believe this is what God created me for.

Regards

**Wendy Mahuma**

I attended the Inner Freedom Masters Coaching course after seeing the impact it had on my wife. Burk and Isobel helped me realize an immense amount of personal growth. The results were amazing, and have inspired me to take on new personal challenges I felt were almost insurmountable. I would recommend anyone who has taken the Transformational Life Coaching course to attend and experience for themselves what they are capable of.

**Allan Clark**

One doesn't have the words to express the gratitude I feel.

I want to thank Burk And Isobel for this transformation journey it's the beginning of a, new era for me and I will be forever grateful .

For years, I was this person who lived life just for the sake of living.

I was hurt, despondent.

I've learnt to let go of my baggage.

For a long time I didn't smile nor laugh but I have learnt I can again.

Life is what we make of it ,it's our choice.

Thanks to you guys I can be the person I was meant to be fearless and successful...

I feel like Miss Congeniality.

I am ready for anything.

Thanks for everything

Love

**Fatima Amie**

In May 2018 I attended a course in the Inner Freedom Coaching System (Masters). This is the second course presented by Burk Esterhuysen that I attended.

Burk is a natural when it comes to presenting courses. He does it in a manner that is entertaining and inspiring. Due to his extensive experience and knowledge he gives good advice and is always willing to explain the content in different ways in order for the attendees to fully understand.

The courses are well structured and run in a strict manner that enhance learning but avoid attendees distracting other attendees from participating and learning.

The material is professionally prepared and presented. There is ample time to participate and ask questions. Questions and suggestions from the attendees are in fact encouraged. No question is too irrelevant or simple to be given attention.

The content of the course is extensive and is meant to teach but also to be applied practically. Care is taken and measures implemented to ensure that each attendee can practically apply the content.

Will I recommend the course? Well if you are interested in learning dramatic ways to help your clients in a Transformational Life Coach environment, this course is a must for you!

If you are interested in spiritual growth, attend as soon as you can!!

**Hennie Kotze**